



**GOHAR GOSTAR**



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**Trading Company**





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**Gohar Gostar Company is proud to offer its special products in the field of various types of sumacs and Asafoetida with the best quality and the most affordable prices, thanks to over 20 years of experience and the dedication of its committed and experienced staff. This company, by using the most up-to-date devices and execution methods, provides high-volume product delivery at the lowest prices for its buyers. Additionally, with obtaining food and health industry permits, the company assures its buyers that they are receiving a high-quality product. The main approach of the Gohar Gostar brand is the production and supply of quality products and customer satisfaction.**





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### **Properties and Benefits of Sumac:**

- Rich in antioxidants
- Regulates blood sugar
- Relieves muscle pain
- Prevents osteoporosis
- Strengthens the immune system
- Reduces bad cholesterol levels







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### **Types of Sumacs**

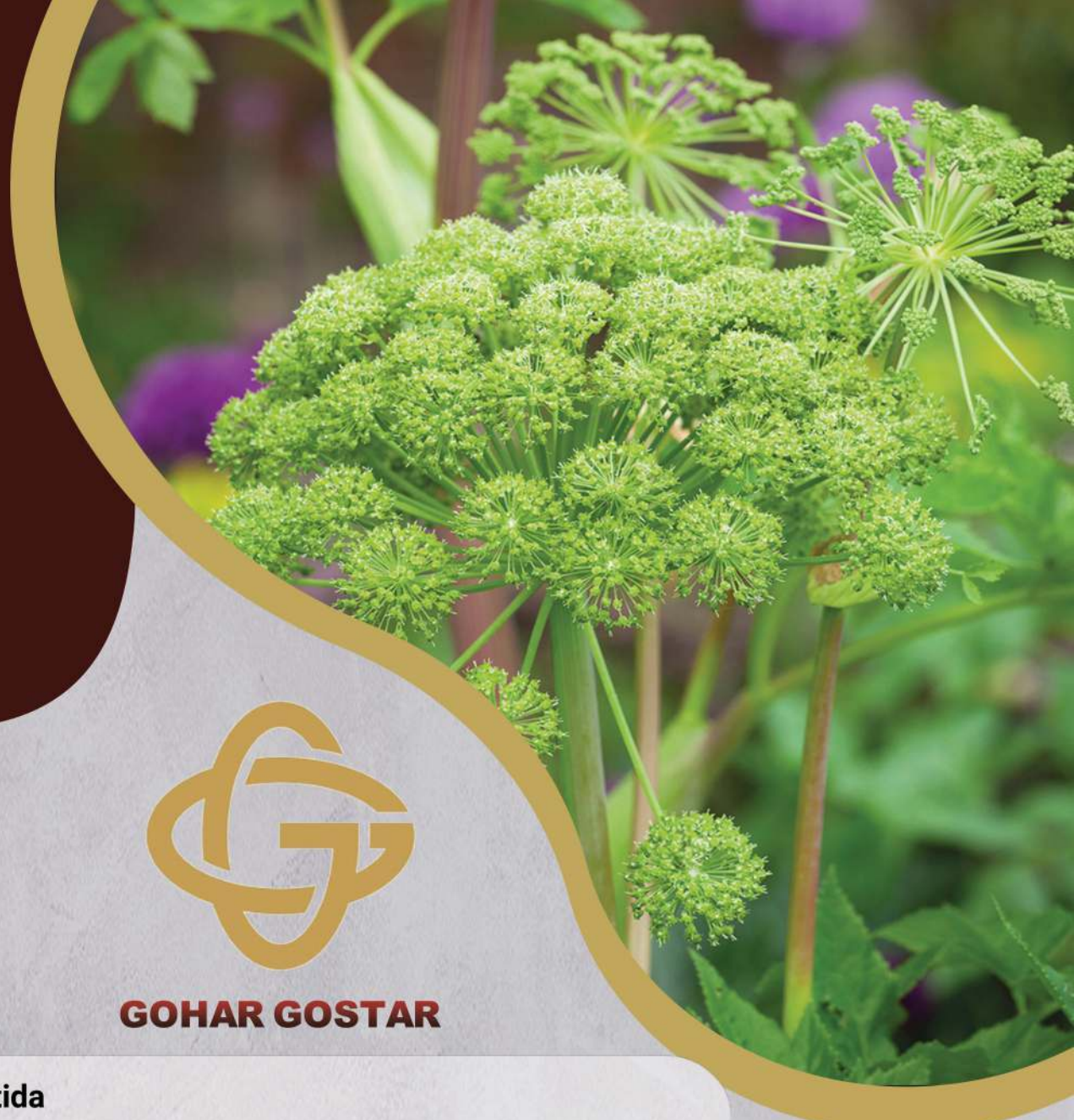
#### **- Red Sumac:**

Mostly found in the mountainous regions of West Azerbaijan and in sunny climates. This product is mainly used for culinary purposes due to its attractive color, making it one of the decorative elements.

#### **- Brown Sumac:**

This product has a sourer taste compared to red sumac and is mostly used for medicinal purposes, usually mixed with a combination of spices.





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### **Asafoetida**

The Asafoetida plant is one of the medicinal plants with numerous therapeutic benefits. This product is also used as a food additive to enhance the flavor of dishes, in dietary supplements, and for making Asafoetida tea.

The fruit of the Asafoetida plant has two dark brown to black seeds, which are slightly oval, flat, and very malodorous. By cutting the root or the lower stem and collar of the plant in late spring, a very odorous sap is released in mid-summer, which gradually solidifies when exposed to air, becoming Asafoetida.

Asafoetida grows in barren, dry, and calcareous soils in the warm regions of Asia. The medicinal part of this plant is a resinous gum obtained by making incisions in the upper parts of the root. The effective compounds in this plant include resin, essential oil, gum, ferulic acid, and disulfide compounds.





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### **Properties and Benefits of Asafoetida**

- **Anti-flatulent and expectorant**
- **Treats indigestion or colic related to bloating**
- **Treats bronchitis inflammation**
- **Reduces and treats cough**
- **Effective in treating nervous disorders and discomforts**



**Gohar Gostar's products include both bitter and sweet Asafoetida in the forms of resin and sap, dried Asafoetida, Asafoetida powder, and Asafoetida seeds. Since Gohar Gostar exercises great care in the selection and extraction of Asafoetida, its products are of high quality and efficacy.**



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**Considering all the above factors, using Gohar Gostar products can be an effective way to enhance your health and overall well-being. By making the right choice of Gohar Gostar brand products and using them correctly, you can benefit from the amazing properties of each of these products to improve your health.**





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